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# Elder Care Handbook - Dementia/Alzheimer's - My Story

ELDER CARE HANDBOOK  
DEMENTIA/ALZHEIMER'S -  
MY STORY



By: Carissa Walton

This is a documentary spanning my 14 year journey of care to three parents with dementia, the physical and financial abuse by another family member, legal issues, my feelings and challenges as a caregiver, the search for care facilities, costs of care, care aids, my support system, love of family, faith, life and end-of-life care decisions. *The names of the individuals in this book have been changed to protect their privacy.*



## **Synopsis**

A personal documentary spanning my 14 year journey of care to three elderly parents with dementia, the physical and financialÂ  abuse by another family member, legal issues, my feelings and challenges as a caregiver, the search for care facilities, cost of care, care aids, love of family, faith, my support system, life and end-of-life care decisions.

## **Book Information**

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## **Customer Reviews**

This is a very helpful and very thorough handbook of the experiences you're likely to meet and the equipment that will be helpful. It's written in a compassionate and respectful manner - this will be my new gift to friends dealing with family dementia. Walton's advice helps non professionals navigate the emotional, financial and care decisions that will need to be addressed.

I know the author but did not appreciate her strength until reading this book. This is a great book to understand what the last phases of life may bring as a caregiver and ultimately as our own experience. I will be immediately insuring that I have the proper legal authority to take care of my aging loved ones.

I was given this book as a gift and I devoured it in one sitting. I laughed at some anecdotes but cried through a lot. I could relate to so much, but am lucky because my mother-in-law is still mobile. But when she asks me 100 times to take her for a ride, when we have already had one that day, I am ready to scream! Medicaid will only supply 4-5 hours of care aid a week, so the next step is a

nursing home. This author is a saint. I could never have so much patience and be so selfless. Thank you for writing this heart wrenching account and such an honest book about Alzheimer's victims and their caregivers. The movie "Still Alice" barely touches on all the emotions and difficulties of the disease and the stress a caregiver goes through. The book comforted me in knowing I am not alone in my feelings and that others face the same dilemmas and get through it.

WOW!! Terrific and "incredible". We were very impressed with the information and practical suggestions. It is an immensely human story and is amazing how she managed juggling care of three Alzheimer's parents simultaneously. The authors faith and love shine through it. We will have many re-reads and will definitely share with family and friends. It will help guide others through the very challenging medical, legal and financial problems they may encounter. Every victim of Alzheimer's is unique, but all will be difficult. Thank you for putting your experiences in writing and providing comfort and assistance. The book proves you CAN keep your loved one in the comfort of their home. It will have a lasting effect on me and defines what is really important in life. It shows that God is always in control and he does what is best.

as a gift to tiny, so good . just fine, it is recommend. Great product for the price and definitely has some weight to it. I've never had a real chef product, but it cut through my pork chops like butter and potatoes too. Nice packaging also.

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